

Actions for all of the phonemes/sounds

- s Weave hand in an *s* shape, like a snake, and say *sssss*
- a Wiggle fingers above elbow as if ants crawling on you and say *a, a, a*.
- t Turn head from side to side as if watching tennis and say *t, t, t*.
- l Pretend to be a mouse by wriggling fingers at end of nose and squeak *i, i, i*.
- p Pretend to puff out candles and say *p, p, p*.
- n Make a noise, as if you are a plane - hold arms out and say *nnnnnn*.
- ck Raise hands and snap fingers as if playing castanets and say *ck, ck, ck*.
- e Pretend to tap an egg on the side of a pan and crack it into the pan, saying *eh, eh, eh*.
- h Hold hand in front of mouth panting as if you are out of breath and say *h, h, h*.
- r Pretend to be a puppy holding a piece of rag, shaking head from side to side, and say *rrrrrr*.
- m Rub tummy as if seeing tasty food and say *mmmmmm*.
- d Beat hands up and down as if playing a drum and say *d, d, d*.
- g Spiral hand down, as if water going down the drain, and say *g, g, g*.
- σ Pretend to turn light switch on and off and say *σ, σ, σ, σ*
- u Pretend to be putting up an umbrella and say *u, u, u*.
- l Pretend to lick a lollipop and say *l l l l l l*.
- f Let hands gently come together as if toy fish deflating, and say *f f f f f*.
- b Pretend to hit a ball with a bat and say *b, b, b*.
- ai Cup hand over ear and say *ai, ai, ai*.
- j Pretend to wobble on a plate and say *j, j, j*.
- oa Bring hand over mouth as if you have done something wrong and say *oh!*

- igh Stand to attention and salute, saying *igh igh*.
- ee or Put hands on head as if ears on a donkey and say *eeyore, eeyore*.
- z Put arms out at sides and pretend to be a bee, saying *zzzzzz*.
- w Blow on to open hand, as if you are the wind, and say *wh, wh, wh*.
- ng Imagine you are a weightlifter, and pretend to lift a heavy weight above your head, saying *ng...*
- v Pretend to be holding the steering wheel of a van and say *vvvvvv*.
- oo oo Move head back and forth as if it is the cuckoo in a cuckoo clock, saying *u, oo; u, oo*. (Little and long *oo*.)
- y Pretend to be eating a yogurt and say *y, y, y*.
- x Pretend to take a photograph of someone with a camera and say *ks, ks, ks*.
- ch Move arms at sides as if you are a train and say *ch, ch, ch*.
- sh Place index finger over lips and say *shshsh*.
- th th Pretend to be naughty clowns and stick out tongue a little for the *th*,
and further for the *th* sound (*this* and *thumb*).
- qu Make a duck's beak with your hands and say *qu, qu, qu*.
- ow Pretend you've hurt your finger, lift it up and say *ow, ow, ow*.
- oi Cup hands around mouth and shout to another boat saying *oi! ship ahoy!*
- ear Touch your ear and say *ear, ear, ear*.
- ur Roll hands over each other like a mixer and say *ururur*.
- air Stroke hair and say *air, air, air*.
- ure Nip nose and say *ure, ure, ure* (for manure).
- er Lift your two arms up from chest into the air and say *er, er, er*
- ar Open mouth wide and say *ah*. (UK English).