

The Physical Education Curriculum at Yeadon Westfield Infant School

Intent

At Yeadon Westfield Infant School we believe that **all** pupils are entitled to a full, stimulating, and well-structured Physical Education curriculum based on the National Curriculum 2014 and the EYFS Statutory Framework 2021. We believe that the teaching of Physical Education should support children to understand the importance of developing a healthy and active lifestyle and the skills to participate in healthy activities not just as children but throughout their lives. We aim to build their resilience to help them develop an appreciation and enjoyment of Physical Education and to inspire them for the future.

As an infant and nursery school, we are very much centred on the first steps in this journey. Through our teaching of Physical Education we aim to:

- to develop skilful use of the body, the ability to remember, repeat and refine actions with increasing control, co-ordination and fluency to increase physical competence and confidence
- to develop the children's enjoyment of physical activity through creativity and imagination
- to increase children's ability to use what they have learnt to improve the quality and control of their performance
- to develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success
- to develop the ability to work independently with a partner or part of a small team
- to teach children to recognise and describe how their bodies feel during exercise
- to develop a sense of fair play, honest competition and good sporting behaviour
- to promote and develop safe practice and responsibility for one's own and others' safety in well-being in physical activity
- nurture confident, resilient children who will develop a life-long love of sport
- equip all children with the sporting knowledge, skills and attitude necessary to help them succeed at secondary school and beyond
- offer a broad selection of sporting opportunities in school, through our PE curriculum, school sports programmes and the physical activity on offer at play times

We believe that following a rigorous and child centred curriculum from the beginning of nursery allows us to ensure **all** pupils are given the opportunities they need to make progress across the areas for learning and then to acquire the skills and knowledge in the National Curriculum, whether they are disadvantaged, have special educational needs, or have delays or gaps in learning.

Implementation

We have chosen to develop a curriculum that focuses on sequential learning building on the foundations already laid in the previous learning. Each stage of the children's learning journey is clear, misconceptions can be addressed, and gaps addressed: knowledge is carefully and systematically built up and mastery opportunities can be provided at every stage.

Nursery children have access to areas of provision to develop their learning and this is built on in reception. There is huge emphasis on language acquisition throughout.

Our PE curriculum aims to ensure that all pupils develop the fundamental skills and competence to excel in a wide range of physical activities by providing a broad & balanced curriculum with opportunities for all to be enjoyed.

Our curriculum is based on the three pillars of progression and is taught largely through 'The PE Hub' scheme of work. We also use sports coaches' team teaching alongside our class teachers. We use this as CPD for our teachers to help with specialist subject knowledge.

In Early Years children are helped to develop their fine and gross motor skills through PE lessons and active play within the Foundation environment.

The children's skills are further developed in KS1, with a focus on movement skills, agility, balance and coordination, as well as the skills needed to play specific sports, such as running, jumping, hitting, throwing and catching. The curriculum is also designed to allow children to develop their team working, problem solving, cooperation and listening skills.

All children can take part in physical activities at play times. KS1 children are given opportunities to represent their school in a number of events, both competitive and participation only, against other Leeds schools.

Our PE curriculum is inclusive and ensures that pupils of all abilities access the range of activities we offer and that they are physically active for sustained periods of time to encourage them to lead healthy, active lives.

Assessment:

- all lessons provide opportunities for formative assessment
- teachers record the progress made by children against the learning objectives for their lessons
- children in Early Years will be assessed against the statements in Development Matters and the EYFS Statutory Framework
- each half term teachers make a judgement as to whether the child has met, exceeded, or is working towards the expectations of each skill
- end of year reports contain information about how the children have progressed through the year including their strengths and areas for development
- the PE subject leader has specifically allocated, regular management time to review evidence of the children's work and undertake lesson observations of PE teaching across the school

Monitoring is carried out to ensure staff and children are confident with teaching and learning Physical education. Staff keep up to date with developments in PE Hub, with work being done in the ALPT and advice from the Department of Education.

Impact

By the end of EYFS, children should:

- refine fundamental movement skills they have already acquired: • rolling • crawling • walking • jumping • running • hopping • skipping • climbing
- progress towards a more fluent style of moving, with developing control and grace
- develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics and sport.
- combine different movements with ease and fluency.
- develop overall body-strength, balance, co-ordination and agility.
- further, develop and refine a range of ball skills including throwing, catching, kicking, and passing, batting, and aiming. Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball

By the end of KS1, children should:

- develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others
- they should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations
- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

By the time pupils leave Yeadon Westfield Infants they will understand how physical activity and physical education an essential and positive influence are upon their physical and mental health and recognise the benefits of a healthy and active lifestyle.

They will leave Yeadon Westfield Infants with the resilience, perseverance and confidence to always strive to do their personal best.

Learning is expected to be of high quality with children putting in their best effort. Children should enjoy Physical Education lessons and be keen to challenge themselves regardless of stage of development. They should leave our school ready for the next stage of their learning in KS2.