



[Twinkl.co.uk](https://www.twinkl.co.uk) have lots of activities and resources to support this topic. Use UKTWINKLHELPS to log on!

	Phonics	Literacy All the books/songs listed this week are available on YouTube if you do not have them.	Maths Key skills: Using numbers 1-10: counting. Shape : describing and naming	Creative/other
Monday	<p>YouTube channel: Yeadon Westfield Early Years</p> <p>Please look at our YouTube channel for specific phonics sessions.</p>	<p>Listen to the YouTube story or read the book if you have it at home- <b>Leslie McGuire: Brush your teeth please!</b></p> <p><b>Can you find a healthy sound?</b></p> <p>Ask your child to think about the initial SATPIN sounds that we learnt. Can they find healthy foods that begin with one of the sounds e.g. apple is the 'a' sound.</p>	<p><b>Exercise in 30 seconds</b></p> <p>Explain to your child you are going to time them and that you are going to give them an exercise to do. Explain they need to count how many times they can do that exercise in the time given.</p> <p>A few examples are:</p> <ul style="list-style-type: none"> <li>• star jumps</li> <li>• running from one marker to marker</li> <li>• hopping</li> <li>• skipping</li> </ul> <p><i>Decrease/ increase the time dependent on your child's ability.</i></p>	<p><b>Brush your teeth</b></p> <p>When your child brushes, their teeth discuss with them the importance of brushing. Why do we brush our teeth? What makes them strong? What could damage our teeth?</p> 
Tuesday	<p>Our phonics videos are there for you to use at your convenience.</p> <p>There will not be any new</p>	<p>Listen to the YouTube story or read the book if you have it at home - <b>Eric Carle: The Hungry Caterpillar</b></p> <p><b>Fill my body with healthy food</b></p> <p>Draw an outline of a body for your child. Provide them with images of foods that</p>	<p><b>Share the food 1:1 correspondence.</b></p> <p>Draw circles onto paper and number 1-5 (1-10 for extension) ask your child to share out the healthy foods correctly onto the plates. It doesn't have to be food they actually share, you could use stones, Lego, Pom Poms etc. and pretend they are food.</p>	<p><b>Printing with fruit and vegetables</b></p> 

phonics videos uploaded now.

As we would in Nursery, we would revisit SATPIN again to ensure the children are secure prior to starting reception.

are and not healthy. You could draw or print images or use old magazines you may have. Encourage them to cut out healthy foods and stick inside the body.



Wednesday

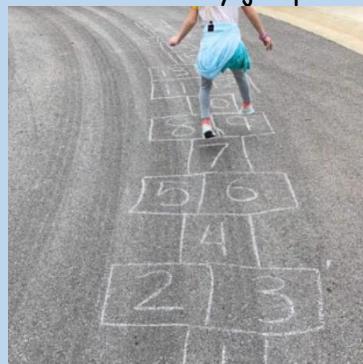
YouTube song - **Wash your hands: Singing Walrus**  
<https://www.youtube.com/watch?v=dDHJW4r3eE>

Do you know what germs are?

Ask your child to carefully draw around their hand. Ask them to add little germs to it. As they are drawing, discuss with them the importance of washing their hands. If you do the experiment with them, they will be able to visually see the impact of germs.

### Hopscotch

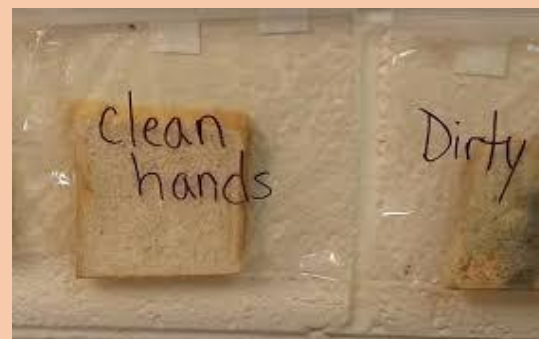
Draw a Hopscotch for your child and simply play with them. Encourage them to say the numbers as they jump.





### Wash your hands: bread experiment

<https://www.mottchildren.org/posts/camp-little-victors/dirty-hands#:~:text=Have%20your%20child%20wash%20her,inn%20a%20cool%2C%20dry%20place.>

Please see the link on how to do the experiment. You will need 3 pieces of bread, 3 food bags and a child with hands.



Thursday		<p>Listen to the YouTube story or read the book if you have it at home - <b>Giles Andreae - Giraffes Can't Dance</b></p> <p><b>Giraffe colouring</b> Print of a colouring sheet for your child of Gerald the Giraffe or any Giraffe. Help them with their pencil control. Show them how to hold their pencil. If they get frustrated just let them hold the pencil in their own way, it is more important to encourage mark making.</p>	<p><b>Shape exercise</b></p> <p>Initially begin with the four basic 2D shapes - triangle, circle, square and rectangle (can extend if your child is secure on these shapes). Visually show them the shapes so they can count the sides and add exercises for shapes. For example:</p> <ul style="list-style-type: none"> <li>circle = 1 spin</li> <li>triangle = 3 jumps</li> <li>square = 4 sit ups</li> <li>rectangle = 4 hops</li> </ul>	<p><b>Chalk obstacle course</b></p> <p>Design and create an obstacle course with chalk outside or inside with furniture.</p> 
Friday		<p>Listen to the YouTube story or read the book if you have it at home - <b>Eric Carle: The Tiny Seed</b></p> <p><b>Draw a healthy snack</b> On a paper plate or draw, a circle onto paper to represent a plate. Encourage your child to draw a healthy snack. Extension: write the initial sounds next to each food item.</p> 	<p>Youtube: listen to some of our favourite counting songs!</p> <p>Type in: 'counting to 10 songs' The singing Walrus 'counting to 20 songs' '2D shape songs' - Harry Kindergarten '3D shape songs' - Harry Kindergarten</p> <p>'Numberjacks' and 'Numberblocks' have nice 5/ 10 minute episodes relating to number and shape.</p> <p>'Jack Hartmann' has a song for EVERYTHING. Check out his channel too.</p>	<p><b>Prepare a healthy snack</b></p> <p>With your grown up think about all the foods that you have learnt about. Can you make a healthy snack together?</p> 