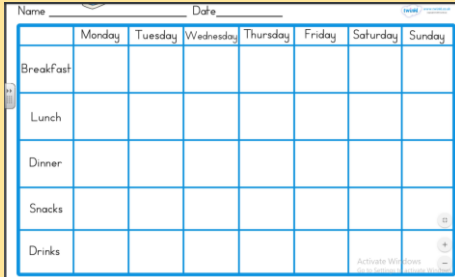




Twinkl.co.uk have lots of activities and resources to support this topic. Use UKTWINKLHELPS to log on!

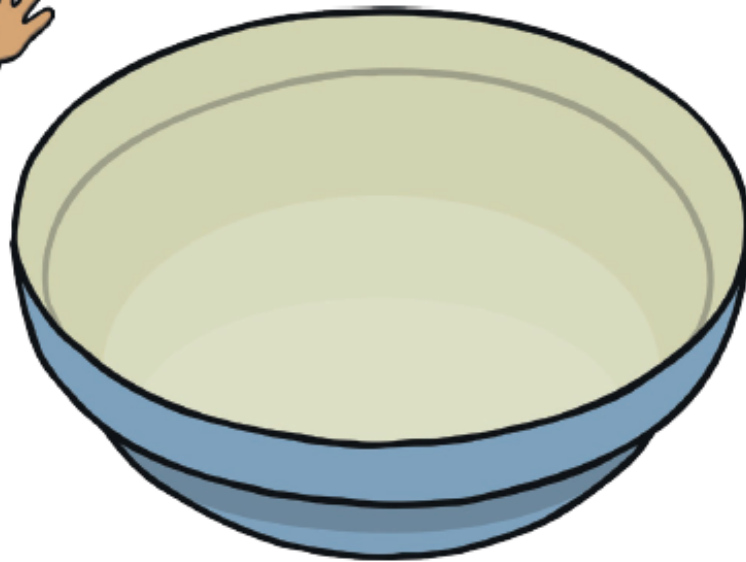
	Phonics	Writing	Maths Key skills: Using numbers 1-20: counting, ordering, simple addition & subtraction. Shapes: naming and describing	Creative/other
Monday	<p>YouTube channel: Yeadon Westfield Early Years</p> <p>Our phonics videos are there for you to use at your convenience.</p> <p>There are more phonics videos on YouTube from 'Letters and sounds for home and school'</p>	<p>Challenge the children to write a food diary for the week. Twinkl have lots of great templates for this. If you do not have a printer it's easy to make your own like the one below.</p> 	<p>Favourite fruit survey Find out what all the people in your households favourite fruit is and help your child to make a tally chart of answers. You might even want to give friends/family a ring to gather even more data. Once all the data is gathered count up the results and discuss which the most popular fruit was and which was least popular. Twinkl has a great template for this called 'Favourite Fruits Survey Tally'. It is easy to make your own tally template if not.</p>	<p>Fruit printing Cut up some fruit and dip in some paint and see what you can create!</p> 
Tuesday	<p>https://www.youtube.com/channel/UCP_FbjYUP_UtIdV2K_niWw</p>	<p>Fill in food diary</p> <p>Can you write a sentence about your favourite physical activity?</p> <p>For example; <i>I like to play football. I play with on the weekend.</i></p>	<p>Vegetable sorting Gather together all of the vegetables you have at home. Your child needs to sort the vegetables into categories. These categories could be for example; vegetables that are short, vegetables that are long, vegetables that are heavy, vegetables that are light. Try to encourage lots of discussion whilst your child is sorting the vegetables. Why do they think that? Can they find a different way to sort the vegetables (colour, taste etc)</p>	<p>Blind food taste test A blind tasting test is a great sensory activity for children that encourages them to describe the tastes they feel as well as recognising familiar tastes. Your child might even find a new food they like!</p>

Wednesday		<p>Fill in food diary</p> <p>Can you write a sentence about your favourite food? What about a food that you don't like?</p>	<p>One more one less than</p> <p>For this activity you will need a big number line to 20. The best way to do this is to use chalk to make a number line outside but if you don't have this you can just use paper.</p> <p>How to Set up the Challenge</p> <ul style="list-style-type: none"> • Can you choose a number on the number line? • Can you find one more than that number? • Can you find one less than that number? <p>Choose a number from the number line.</p> <ul style="list-style-type: none"> • Find the number that is one more than your chosen number and perform that many jumps, as quickly as you can! • Find the number that is one less than your chosen number and try to do that number of hops, as fast as possible! <p>How to Get Your Child Thinking</p> <ul style="list-style-type: none"> • Can you explain how you knew which was one more than your chosen number? • What did you use to help you to find one less than your chosen number? • How did you know when to stop the jumps and hops? 	<p>Action cards</p> <p>Make some little action cards and hide them around an area (preferably outdoors). The cards could say things like; hop on one foot, jump with two feet, do some starjumps, tiptoe around, do big steps/small steps. Use a timer and when your child finds an action card they must do the action for 30 seconds. See how many action cards they can do before 5 minutes is up.</p>
-----------	--	--	---	--

Thursday		<p>Fill in food diary</p> <p>Can you write some instructions on how to brush your teeth?</p> <p>For example;</p> <ol style="list-style-type: none"> 1) <i>Get your toothbrush</i> 2) <i>Put on toothpaste</i> 3) <i>Brush all your teeth carefully</i> 4) <i>Rinse your toothbrush</i> 	<p>Fruit salad addition</p> <p>You will need: Some fruit A bowl A knife</p> <p>Attached below are poster prompts for making a fruit salad. Explain that Chef Maria needs to follow the recipe written on each poster to make some fruit salad. Encourage children to count the fruit on to the posters and then count how many pieces of fruit are in the bowl altogether. Don't forget to eat the fruit after you finish each recipe!</p>	<p>Monster sandwiches</p> <p>Can you make your own healthy monster sandwich</p> 
Friday		<p>Fill in food diary</p> <p>Can you write a couple of sentences about how we keep our bodies healthy? Try and talk about exercise, food, teeth and water!</p>	<p>Follow a recipe</p> <p>A great way of developing children's mathematical skills is to follow a recipe. Why not bake something and allow your child to help measure out the ingredients needed. Emphasise counting wherever possible when cooking e.g. 'how many spoonful's do we need? Help me count'. Attached below is a simple recipe for Rainbow Cookies. Feel free to pick a recipe of your choice!</p>	<p>Mini sports day/Olympics</p> <p>Get dressed up in your sports kit and have your very own sporting event! Activities could include; egg and spoon race, running races, tug of war, gymnastics etc. Your child might even want to make their own medals to hand out with ribbon/string and a bit of paper or card...Enjoy!</p> 

Can you help Chef Maria make a fruit salad?

Look at the ingredients and count them into the bowl.



Ingredients



2 slices of
banana

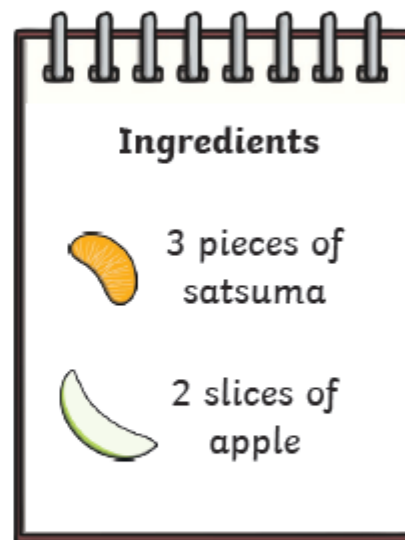


2 slices of
strawberry

How many pieces of fruit are
in the bowl altogether?

Can you help Chef Maria make a fruit salad?

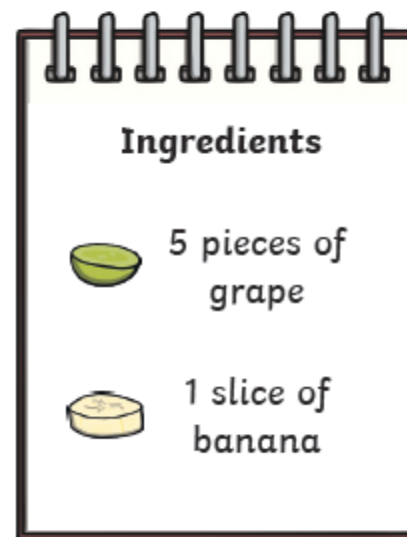
Look at the ingredients and count them into the bowl.



How many pieces of fruit are in the bowl altogether?

Can you help Chef Maria make a fruit salad?

Look at the ingredients and count them into the bowl.



How many pieces of fruit are in the bowl altogether?

Can you help Chef Maria make a fruit salad?

Look at the ingredients and count them into the bowl.



Ingredients



4 slices of
strawberry



3 pieces of
satsuma

How many pieces of fruit are
in the bowl altogether?

Rainbow cookies



Method

1. Heat oven to 200C/180C fan/gas 6. Mix the butter, sugars, egg yolks and vanilla with a wooden spoon until creamy, then mix in the flour in 2 batches. Stir in the orange zest. Roll the dough into about 22 walnut-size balls and sit on baking sheets. Bake for 15 mins until golden, then leave to cool.
2. Meanwhile, mix the icing sugar with enough orange juice to make a thick, runny icing. Dip each biscuit half into the icing, then straight into the sprinkles. Dry on a wire rack.



Ingredients

- 175g softened butter
- 50g golden caster sugar
- 50g icing sugar
- 2 egg yolks
- 2 tsp vanilla extract
- 300g plain flour
- zest and juice 1 orange
- 140g icing sugar, sifted
- sprinkles, to decorate