

Yeadon Westfield Infant Dressing and Changing Policy
June 2020-Review 2023

This school is committed to safeguarding and promoting the wellbeing of all children, and expects our staff, governors and volunteers to share this commitment. This policy should be read in conjunction with all other school policies.

Dress & Changing Policy

Staff-

- Staff will set an example by wearing appropriate footwear (trainers or pumps) and removing potentially dangerous jewellery. Clothing must allow ease of movement so that the teacher can work with the children and quickly get to a child who may require assistance (when possible it is preferred that teachers will change into sports clothes or come to school dressed in their sports clothes).

Children-

- Children will change for PE in their classrooms together. This will begin on their first PE lesson, including Reception.

Kit-

- black shorts
- red t-shirt
- trainers (outdoor PE)
- tracksuit (cold weather only)
- pumps or indoor trainers

- Long hair will be tied back and hard bobbles or headbands will be removed
- All jewellery should be removed (please see below section re earrings).

***No sports team's kits are permitted to be worn for PE lessons, for example football and rugby kits. ***

Footwear-

- Children should be wearing trainers to school as part of their uniform; these can be worn for PE lessons.
- Additional footwear may be needed for outdoor activities weather dependent.
- If your child does not have suitable footwear they will have the option of borrowing some trainers or going barefoot (for indoor PE lessons)

Earrings -

- Your child should remove their earrings at home on the days they have PE (you will find out what day your child has PE once they start their new class at the beginning of the term). Please also check the school, newsletter for other sporting events your child may participate in.
- If your child has just had their ears pierced (although we strongly advise this is done during the summer holidays) you will need to place medical tape over their ears on the days they have PE.
- If your child comes to school with earrings in on their day of PE, a staff member will place medical tape over their ears and you will remove it at home.

Addendum

- In very unusual or extreme circumstances, your child could be asked to participate in PE in their school clothes. ***This is not normal practice.*** We will always follow advice and guidelines from the government and department of education on the safest measures during those times to keep your child safe.

The children should be made aware of what is suitable clothing for PE and why. Children should be asked to take their PE kit home for regular washing. Health and hygiene issues and regards changing clothes for PE and washing PE kits regularly should be discussed with children.

If children forgot kit or have inappropriate kit they will be given a spare PE kit to use for the session. If kit is continuously forgotten or inappropriate, a letter will be sent home.

COVID-19

During the current pandemic children are wearing their PE kit to school on the days that they have PE.