

SHINE

Sit or stand up straight



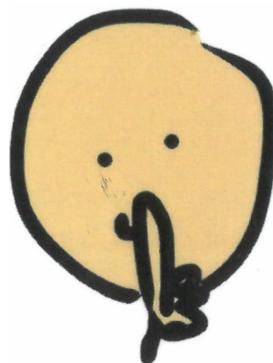
Hands folded or up to speak



In your own space



Noise level



Eyes on the speaker

